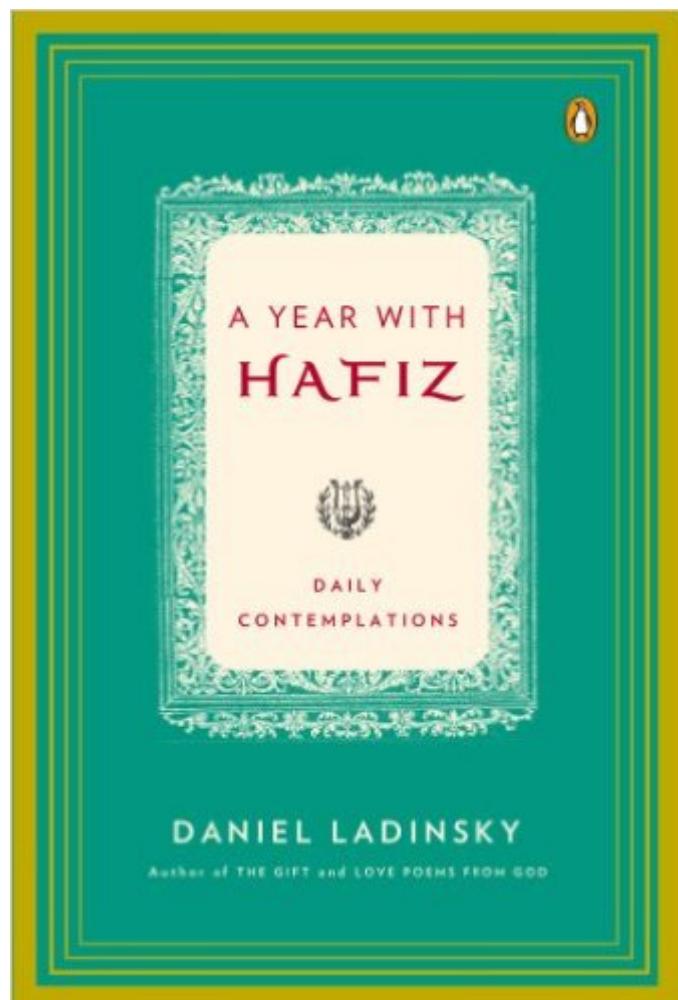


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# A Year With Hafiz: Daily Contemplations



## **Synopsis**

Daniel Ladinsky's stunning interpretations of 365 soul-nurturing poems "one for each day of the year" by treasured Persian lyric poet Hafiz. The poems of Hafiz are masterpieces of sacred poetry that nurture the heart, soul, and mind. With learned insight and a delicate hand, Daniel Ladinsky explores the many emotions addressed in these verses. His renderings, presented here in 365 poignant poems "including a section based on the translations of Hafiz by Ralph Waldo Emerson" capture the compelling wisdom of one of the most revered Sufi poets. Intimate and often spiritual, these poems are beautifully sensuous, playful, wacky, and profound, and provide guidance for everyday life, as well as deep wisdom to savor through a lifetime.

## **Book Information**

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## **Customer Reviews**

A Year With Hafiz: Daily Contemplations, by Daniel Ladinsky  
Reviewed by W. A. Mathieu  
There are just a few books that give the gift of insight at each reading, each touch; A Year With Hafiz: Daily Contemplations is my favorite new one among them. It is presented as a day book: a poem on each page for each date throughout the year. The poetry is tethered in oneness, firmly fixed in sacred covenant, yet at the same time rooted in the human condition of wild mind and chaotic phenomena -- creative madness within the laws of love. The poems may be grounded in heaven but on earth they are loose cannons. In A Year With Hafiz, this grounded madness happens in each poem on each page. Whatever today's date, let this day be sanctified and wild. And such guidance comes from a book you're happy to hold in your hand. The print edition is particularly attractive, with an

embossed cover and rough-cut pages. Ladinsky's bold use of modern idioms and references gives the reader a sense that the poems, though clearly from an ancient time, arise from our quotidian lives. With an Aikido-like grace, the energy is flipped from then to now. Hafiz and Ladinsky seem to be authentic partners across time. Now be honest with me, Gentle Customer-Review Reader, isn't there only so much wisdom teaching a body can use? If you try to pack it in, doesn't most of it go stale and get tossed, like stuff in an overfull fridge? *A Year With Hafiz* metes out wisdom so you can let it cook and cool, and then internalize it at your leisure. Then it's the next day, and you're hungry again, and you're chewing on something delicious again.

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